Safe Prescribing Through Education & Public Policy

Northwestern Rx Drug Abuse Task Force

David E. Sullivan
Northwestern District Attorney
Lynn Ferro, Coordinator
August 16, 2016
Education Methods and Audience

- SCOPE of Pain Events (five): all prescribers
- Medical Grand Rounds (several): physicians
- Safe Prescribing and Opioid Abuse Conference: varied
- Integrated Care & Chronic Pain Conference (physicians)
- Physiology of Addiction Talk at Baystate Franklin Medical Center (all medical personnel)
- PMP Delegate and medical office personnel training
- Technical Assistant for PMP usage support and assistance in developing Controlled Substance Protocols in medical offices
- School Nurses
SCOPE of Pain

• Safe & Competent Opioid Prescribing Education
• Three hour course designed to help prescribers safely and effectively manage patients with chronic pain, when appropriate, with opioid analgesics.
• CME from Boston University School of Medicine
• Origin: Risk Evaluation and Mitigation Strategy (REMS) mandated by FDA, funded by manufacturers of extended-release/long-acting opioids
• Course director: Daniel Alford, MD
• Presenter: Ruth Potee, MD
Thursday, July 10th, 5:30—8:30 p.m.
John W. Olver Transit Center
12 Olive St. Greenfield, MA 01301
To Register: admin@frcog.org or
(413)774-3167 x 100

What is SCOPE of Pain? SCOPE of Pain is designed to help you safely and effectively manage patients with chronic pain, when appropriate, with opioid analgesics. The resulting includes essential clinical content on opioid prescribing as well as state-specific information, including a policy and resource panel with representatives from State agencies.

SCOPE of Pain Massachusetts is sponsored by Boston University School of Medicine, with local partners the Opioid Education and Awareness Task Force of Franklin, Hampshire, and North Quabbin and the Franklin Regional Council of Governments. National collaborations include the Council of Medical Specialty Societies and the Federation of State Medical Boards.

Why offer this training? The FDA has mandated manufacturers of extended-release/long-acting (ER/LA) opioid analgesics, as part of a comprehensive Risk Evaluation and Mitigation Strategy (REMS) to make available comprehensive prescriber education in the safe use of these medications. Our training is based on the FDA’s curriculum known as the Blueprint for Prescriber Education for Extended Release and Long Acting Opioid (ER/LA) Analgesics. Our curriculum covers all aspects of this blueprint and more to provide a comprehensive educational program.

Accreditation
Daniel P. Alford, MD, MPH, FACP, FASAM, Boston University School of Medicine

This activity has been planned and implemented in accordance with the Essential Areas and F Continuing Medical Education (CME) through the joint sponsorship of Boston University School of Medicine. Boston University School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. This activity is designated for a maximum of 5 ACCME PRA Category 1 credit. This program is approved by the Massachusetts Continuing Education Board. This activity is approved by the American Nurses Credentialing Center's Commission on Accreditation (ANCC).

Fill in initial(s)

Explore Program

Learning objectives:
- Learn strategies for responsible prescribing practices
- Understand how to confidentially counsel patients and caregivers about medication
- Learn how to assess your own practice
- Get initial and continuing education
- Explore Program

SAFE PRESCRIBER PLEDGE

The Safe Prescriber Pledge (SPP) is a project of the Opioid Education and Awareness Task Force, Medical professionals who sign the Pledge are supporting the public health of the region by adopting practices that ensure safe prescribing practices of potentially addictive medications.

In order to better protect the public health of the region, I agree to take the following steps in my practice:

- Make proactive use of the Massachusetts Prescription Monitoring Program (PMP)
- Utilize Patient/Provider Agreements for all patients receiving chronic opioid prescriptions
- Apply risk stratification tools to improve care of the patient and reduce risk of harm.
- Recognize that not all pain presentations require opioid pain medicine. A step-wise approach to pain management is necessary.
- Regularly assess patients with opioid prescriptions for well-being, improvement in function, and untoward side effects including sedation.
- Help ensure patients are managing their medicines appropriately without diversion, risk of theft, or accidental overdose to themselves or others.
- Learn to recognize symptoms of addiction and substance abuse disorder in patients and direct them to appropriate treatment for their disease. Recognize that continued opioid prescriptions are not appropriate treatment for opioid addiction.

This pledge is signed by:

Signature:

Practice:

Date:

Name:
Outcomes

• Over 600 prescribers attended our SCOPE events
• Over 150 providers attended our Safe Prescribing Conference

Conference evaluation results: 85% planned to make a change in practice: check the PMP more frequently, better patient screening, more responsible prescribing, and have better awareness of chronic pain
Target group of 2850 completed pre-, immediate post- and 2-month post assessments.

Results: The SCOPE of Pain program improved knowledge, attitudes, confidence and self-reported clinical practice in safe opioid prescribing. This national REMS program holds potential to improve the safe use of opioids for the treatment of chronic pain.

Massachusetts Opioid Rx Rates Falling

Patients Receiving Opioid Prescription

<table>
<thead>
<tr>
<th></th>
<th>2015 Q1</th>
<th>2015 Q2</th>
<th>2015 Q3</th>
<th>2015 Q4</th>
<th>2016 Q1</th>
<th>2016 Q2</th>
</tr>
</thead>
<tbody>
<tr>
<td>US</td>
<td>9.5%</td>
<td>8.8%</td>
<td>9.0%</td>
<td>-13%</td>
<td>8.3%</td>
<td></td>
</tr>
<tr>
<td>MA</td>
<td>7.0%</td>
<td>6.3%</td>
<td>6.0%</td>
<td>-25%</td>
<td>5.2%</td>
<td></td>
</tr>
</tbody>
</table>

% Change Q1 2015 to Q2 2016

SAMPLE: Over 600,000 visits each quarter to 631 providers in MA, over 2 million visits each quarter to 9,745 providers in the rest of the US. Limited to providers on athenahealth network since 2014.

SOURCE: athenaResearch

*Should say Q2*
Data Source and Factors

• Opioid Rx rates fell more quickly in MA than in the US between 1st and 2nd quarter of 2016
• Data obtained by athenahealth’s electronic health record network of 890 MA physicians and 500,000 MA patients: ↓ 15% PCPs & 11% Specialists
• Too soon to attribute decline to any single measure
• Factors: politicians and public health officials raising public profile of this issue led to new legislation
New Legislation: H4056 CHAPTER 52, ACTS OF 2016
AN ACT RELATIVE TO SUBSTANCE USE TREATMENT, EDUCATION AND PREVENTION

<table>
<thead>
<tr>
<th>Date</th>
<th>Requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>3/16/2016</td>
<td>• Prescribing Requirements</td>
</tr>
<tr>
<td>3/16/2016</td>
<td>• Partial Fill Requirements</td>
</tr>
<tr>
<td>3/16/2016</td>
<td>• Provider Educational Requirements</td>
</tr>
<tr>
<td>4/1/2016</td>
<td>• Monthly Reporting of exposure of infants and children to controlled substances</td>
</tr>
<tr>
<td>7/1/2016</td>
<td>• Substance Use Disorder Evaluation</td>
</tr>
<tr>
<td>10/15/2016</td>
<td>• Prescription Monitoring Program MassPAT</td>
</tr>
<tr>
<td>12/1/2016</td>
<td>• Non-Opiate Directive</td>
</tr>
</tbody>
</table>

Slide source: Massachusetts Hospital Association Presentation July 15, 2016
New PMP called MassPAT

Massachusetts Provider Awareness Tool

Participants shall utilize the prescription monitoring program

• *each time* a prescription for a narcotic drug that is contained in Schedule II or III is issued;

• *the first time* a prescription for a benzodiazepine; or a Schedule IV or V controlled substance is issued;
Key elements of MassPAT

- Late August launch
- Will connect to 42 states via PMPi (*interconnect*)
- Veterans Administration Facilities now connected
- Appriss Inc. is vendor
- AWARxE is software
- Will connect to Electronic Medical Record
- Will provide provider report cards by specialty
- Several user friendly features
Dr. Ruth Potee, local provider, activist and addiction expert
Provider Education:
• SCOPE of Pain
• Grand Rounds
• Safe Prescribing & Opioid Abuse Conference
• Delegate Training

Policy Reform:
• 7 day maximum
• Partial Fill Option
• Provide Education
• Substance Use Disorder Evaluation
• Non-Opiate Directive

New MassPAT*
• Mandatory Checking *every* Opioid Rx (as of 10/1/16)
• First time Benzodiazepine & any Schedule IV-V

Parent Education:
Athletes, Opioids and Addiction
https://vimeo.com/176348153

Pharmacist Education: “last line of defense”

*MassPAT = Massachusetts Prescription Awareness Tool: name of new PMP
Contact

David E. Sullivan
David.E.Sullivan2@MassMail.State.MA.US
http://northwesternnda.org/

Lynn Ferro
413-437-5735
lynn.ferro@state.ma.us