COAP Voices From the Field
IA PMP Grant Update:
In partnership with
Iowa Office of Drug Control Policy

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Iowa—More than Farms and Politicians...

• 3.2 Million people
• 99 Counties
  • 99 County Medical Examiners
  • 99 County Sheriff Offices
Iowa Opioid Deaths

Iowa Opioid OD Deaths

Primary Cause of Deaths vs. Contributing Factor (Related) Deaths

Iowa drug OD death rate: 11.5 per 100,000, 46th in U.S.
CDC, 2017

Opioid-“Related” Deaths

201
(64 Heroin-Related)

137
(38 Heroin-Related)

13 OD deaths were caused by heroin mixed with other drugs (meth, cocaine, fentanyl).
Iowa State Medical Examiner, 2017

Iowa Department of Public Health, 2019
Iowa Opioid Prescriptions by County
Iowa Opioid Related Hospitalizations by County
Impact of opioid epidemic on rural areas is real.

 Ease of Access & Perception of Safety

74% of farmers say they've been directly impacted by opioid misuse & 77% say it's easy to get a large amount of Rx opioids in their community w/o a prescription.  
American Farm Bureau & National Farmers Union, 2017
Iowa Opioid Impaired Driving

Drugged driving deaths up in Iowa after nearby states legalize marijuana

Drug-related crashes up in Iowa, while the number of alcohol-related crashes fall

Drugged Driving Deaths Spike With Spread of Legal Marijuana, Opioid Abuse

'Drugged driving' surpasses drunken driving among drivers killed in crashes, report finds

Drugged driving on the rise as marijuana, opioid use puts motorists at risk, study finds
Iowa Prescription Drug Use

43% CII – CIV Drugs reported to IA PMP are opioids

Approximately 1 of 5 prescriptions Hydrocodone

2019 Top 10 Schedule II-IV Drugs by Dosage Units Dispensed

- Hydrocodone: 19%
- Tramadol: 8%
- Alprazolam: 8%
- Oxycodone: 6%
- Dextroamphetamine: 11%
- Clonazepam: 11%
- Lorazepam: 8%
- Methylphenidate: 8%
- Zolpidem: 5%
- Amphetamine: 5%
Iowa Opioid Related Law Enforcement Trends

Significant Increase in Opioids Over Last Few Years
Partnering with Iowa BOP and PMP
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Iowa Opioid Drug Data Exchange (IODE)

• Naloxone Reporting—specifically by Iowa EMS and First Responders

• Increased Iowa PMP Awareness and Training

• Expanded Iowa Prescription Drug Take Back Program
Naloxone Reporting—specifically by Iowa EMS
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- 765,317 Iowa PMP Patients
- 1,594 Unique Naloxone EMS Patients
- 748 Iowa EMS Naloxone Patients “matched”

EMS Naloxone “Risk Factors”
- Male gender
- Number of yearly prescriptions reported to Iowa PMP (CII-CIV)
- Certain payment methods
Increased Iowa PMP Awareness and Training
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Expanded Iowa Prescription Drug Take Back Program

From 47 sites in 2016 to over 300 in 2019
Iowa PMP COAP Grant

• Despite some logistical challenges, Iowa Board of Pharmacy and PMP has partnered with state stakeholders and policy makers to increase naloxone reporting, PMP registration and utilization, and presence of Rx Takeback sites.
Iowa Opioid Drug Data Exchange (IODE)

- Improved Information
- Improved Patient Care
- Improved Communities