

2019 IA REG TEXT 534894 (NS)

Iowa Regulation Text - Netscan  
IA ADC 645-181.3(154,272C); IA ADC 645-182.4(155A); IA ADC 645-183.2(154,272C)  
Notices of Intended Action  
September 25, 2019  
Professional Licensure Division  
FULL TEXT OF REGULATION(S)

### **Continuing Education for Optometrists; Practice of Optometrists; Discipline for Optometrists**

The Board of Optometry hereby proposes to amend Chapter 181, "Continuing Education for Optometrists," Chapter 182, "Practice of Optometrists," and Chapter 183, "Discipline for Optometrists," Iowa Administrative Code.

The following rule-making actions are proposed:

Item 1. Amend paragraph **181.3(2)"c"** as follows:

IA ADC 645-181.3(154,272C)

IA ADC 645-181.3(154,272C)

c. Required continuing education hours. Licensees shall provide proof of continuing education in **all of** the following areas:

(1) Current certification in CPR offered in person by the American Heart Association, the American Red Cross or an equivalent organization. At least two hours per biennium is required but credit will be granted for four hours; ~~and~~ **;**

(2) ~~Proof of current~~ **Current** CELMO certification. If the licensee does not have current proof of CELMO certification, then the following is required:

1. A combined total of 40 hours required from COPE Category B (Ocular Disease and Management) and COPE Category C (Related Systemic Disease) with a minimum of 14 hours in each category; and

2. Ten additional hours required from any of the COPE Categories of A (Clinical Optometry), B, C and D (Optometric Business Management). Hours obtained in Category D may not exceed 6 hours of the total continuing education hours' requirement.

(3) **As a condition of license renewal, a minimum of one hour of continuing education per biennium regarding guidelines for prescribing opioids, including recommendations on limitations on dosages and the length of prescriptions, risk factors for abuse, and nonopioid and nonpharmacologic therapy options. Credit will be granted for up to two hours per biennium. These hours may count toward the continuing education hours required from COPE Category B (Ocular Disease and Management) or COPE Category C (Related Systemic Disease). The licensee shall maintain documentation of these hours, which may be subject to audit. If the continuing education did not cover the United States Centers for Disease Control and Prevention guideline for prescribing opioids for chronic pain, the licensee shall read the guideline prior to license renewal. "Opioid" means any drug that produces an agonist effect on opioid receptors and is indicated or used for the treatment of pain.**

Item 2. Adopt the following **new** subrule 182.4(3):

IA ADC 645-182.4(155A)

IA ADC 645-182.4(155A)

**182.4(3)** Prior to prescribing any controlled substance, an optometrist shall review the patient's information contained in the prescription monitoring program database, unless the patient is receiving inpatient hospice care or long-term residential facility care.

Item 3. Adopt the following **new** subrule 183.2(31):

IA ADC 645-183.2(154,272C)

IA ADC 645-183.2(154,272C)

**183.2(31)** Prescribing any controlled substance in dosage amounts that exceed what would be prescribed by a reasonably prudent licensee.

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