A New Generation of Prescription Monitoring Programs: Best & Promising Practices

National PDMP Meeting
Washington, DC
September 25, 2013
Presented by John L Eadie
Why Is a New Generation of PDMPs Being Created?

The Prescription Drug Abuse Epidemic has been increasing
The New Generation of PMPs

THE PARADIGM SHIFT:

In addition to responding to others’ requests, PMPs are adding proactive confrontation of the Epidemic.
White Paper on PDMP Best Practices

Prescription Drug Monitoring Programs: An Assessment of the Evidence for Best Practices

September 20, 2012

• at www.pdmpexcellence.org

• Developed with BJA and Pew Charitable Trusts
Guidance on PDMP Best Practices

Options for Unsolicited Reporting
Advances in Unsolicited Reporting

Authority to provide unsolicited reports or alerts to one or more types of end users

- 2006 – 25 of 31 operational
- 2012 – 38 of 47 operational

Actually Providing Reports to: 

<table>
<thead>
<tr>
<th>Category</th>
<th>2006</th>
<th>2012</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prescribers</td>
<td>9</td>
<td>20</td>
</tr>
<tr>
<td>Dispensers – pharmacists</td>
<td>5</td>
<td>10</td>
</tr>
<tr>
<td>Law Enforcement</td>
<td>7</td>
<td>12</td>
</tr>
<tr>
<td>Health Professional licensing boards</td>
<td>6</td>
<td>13</td>
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</tbody>
</table>
Advances in Unsolicited Reporting

• To prescribers and dispensers - probable doctor shoppers
  • Automated alerts by email – MA is implementing

• To law enforcement
  • Organized / unremitting doctor shopping
  • Prescribers diverting drugs

• To professional licensing boards
  • Aberrant prescribing
New guidance materials being worked on

- Increasing prescriber use of PDMP data
- States mandating prescriber use of PDMP data
  - KY
  - TN
  - NY
- Addressing aberrant prescribing
- Advances in Law Enforcement use of PDMP data
EPIDEMIC:
RESPONDING TO AMERICA’S
PRESCRIPTION
DRUG ABUSE CRISIS
2011
II. Tracking and Monitoring

- Evaluate existing programs that require doctor shoppers and people abusing prescription drugs to use only one doctor and one pharmacy. The PMP Center of Excellence at Brandeis University will convene a meeting in 2011 with private insurance payers to begin discussions on these topics. (ONDCP/DOJ/HHS/SAMHSA)

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PDMPs & Third Party Payers – First Meeting

- PDMPs
- PBMs
- Privately Funded 3rd Party Payers
- Publicly Funded 3rd Party Payers
- Workers Compensation
- Federal Agencies – ONDCP, BJA, CDC, CMS, DEA, FDA, NIDA, SAMHSA
- National Organizations
- Researchers

*Major role: Coalition Against Insurance Fraud*
PDMPs & Third Party Payers – First Meeting

Workgroup Recommendations:

- **PDMPs should share patient Rx histories with all 3rd Party Payers**
- **Safeguards to protect PDMP data and assure proper use are needed and are possible**
- **Challenges to sharing require collaborative work**
- **PDMPs should provide data to health care systems’ and facilities quality assurance programs**
- **Data regarding questionable providers should be shared**
- **3rd Party Payers should support PDMPs**
- **PDMPs & 3rd Party Payers should help providers to identify and refer persons to substance abuse treatment**
• Compilation of recommendations into report – in process

• Planning to be developed in joint discussions, for example:
  • Plan tests of data sharing in some states
  • Plan steps to make tests feasible
  • Plan evaluation of tests
Client Identification analysis

- Allows improved algorithms with clients.
  - Identified >2000 Clients in 2012 with Cash and Medicaid paid schedule prescriptions on the same day.
  - Identified 478 clients where cash and Medicaid fills were <10 days apart and earlier fill days supply was greater than days between and for the same drug and with a different prescriber.
  - Currently reviewing the top utilizers of the 478 for “lock-in progrm” (PRC placement).
WA State: Medicaid & Bulk PDMP Data – Pharmacies

- 435 Pharmacies have been identified who have filled prescriptions for cash and Medicaid for the same client for the same medication < 10 days apart where the first fill days’ supply is greater than the days between.

<table>
<thead>
<tr>
<th>Categories</th>
<th>Percent</th>
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<tbody>
<tr>
<td>Medicaid = or before Cash</td>
<td>63.90%</td>
</tr>
<tr>
<td>Medicaid Same as Cash</td>
<td>25.06%</td>
</tr>
<tr>
<td>Cash before Medicaid</td>
<td>36.10%</td>
</tr>
<tr>
<td>Medicaid before Cash</td>
<td>38.84%</td>
</tr>
</tbody>
</table>

- These Pharmacies are currently being looked at by Payment Integrity
The PMP Center of Excellence - Helping Prescription Monitoring Programs Fight Drug Abuse

The drug-abuse epidemic: Non-medical use of prescription drugs is now the nation’s second leading cause of accidental death. Recent trends and data.

The response: State prescription drug monitoring programs (PMPs) are effectively curbing prescription drug diversion and abuse. How can they have even greater impact? Learn how the Center of Excellence is helping PMPs address the problem. Read our mission statement.

Kentucky Congressman Hal Rogers: Florida’s Pill Mills, Deaths, Demonstrate Need for Prescription Monitoring

Congressman Hal Rogers' letter to Governor Rick Scott asking him not to discontinue Florida’s PMP makes a powerful case for prescription monitoring.

» Read the letter and related news stories.
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